

The Family Pantry of Cape Cod

Donation List

Vegetables

Low Sodium Canned Vegetables
Low Sodium Hearty Soups
Low Sodium Canned Tomato Products
Pasta Sauce
V8 Juice / Tomato Juice
Salsa

Fruits

Healthy All-Fruit Jams and Jellies
No Sugar Added Canned Fruit
No Sugar Added Applesauce
Dried Fruits / Raisins
Fruit Leather (100% Fruit)
Canned / Boxed 100% Fruit Juice

Grains

Brown Rice
Whole Wheat Pasta
Low Fat Graham / Animal Crackers
Reduced Fat Whole Grain Crackers
Whole Grain Crunchy Granola Bars
Whole Wheat / Bran Cereals
Plain Oatmeal / Hot Cereals
Whole Wheat Flour
Flour / Bread Mix

Protein

Canned / Dried Beans
Unsalted Nuts / Sunflower Seeds
Canned Tuna/Salmon in Water
Canned Chicken/Turkey in Water
Peanut Butter

Dairy

Powdered Milk
Shelf Stable Milk
Ovaltine
Instant Breakfast Drinks
Evaporated Skim Milk

Miscellaneous

Cake and Brownie Mix
Applesauce
Coffee/Tea
Bottled Water
Breakfast Cereal
Macaroni and Cheese
Saltine Crackers
Paper Products

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Condiments

Salad Dressing
Ketchup
Mustard
Mayonnaises
Pancake Syrup
Spices
Salt & Pepper
Sugar

Clothing

We accept the following clothing items in good/clean condition: Sizes infant through adult for both men and women. We also accept handbags and shoes. Shoes should be in very good condition

Household Items

We accept gently used linens, blankets and towels. We also accept household items such as vases, art work, small working appliances (**nothing bigger than a bread box**) and knick-knacks

Health & Beauty Supplies

Soap (bar or liquid)
Deodorant
Shampoo
Toothpaste
Toothbrushes
Mouthwash
Baby Diapers & Wipes
Baby Formula

Jewelry

We accept any kind of jewelry and it is one of the top selling items at our Second Glance Thrift Boutique. All proceeds from the sale are used to support The Family Pantry of Cape Cod

Un-Upholstered Furniture

We accept most furniture pieces such as dining tables and chairs, end tables, lamps, desks, rockers, wicker, and more. If you have a piece of **un-upholstered** furniture that is in good condition that you no longer want, we'd love to talk to you. Simply call The Second Glance Thrift Boutique at 508-432-0636 for a donation approval. Once approved, we can even pick it up!